

## **GIRLS AND BOYS BASKETBALL**

1. Starting time: 4:00 PM. Starting time will be 3:30 when 3 games are played at the same site. Total season includes 12 weeks. Minimum number of practice days per player is 8. Regular season game limit is 10 plus a jamboree.
2. Order of competition is C, B, A.
3. Player participation limits:
  - a) Athletes can play 40 quarters in a year with a 10 game season, but no more than 4 quarters in a day.
  - b) There shall be no more than three games per week per squad.
4. All quarters for all games on a night when there are three games will be 7 minutes. When there are less than three games the quarters will be 8 minutes.
5. It is recommended adults keep the home scorebook. Scorekeepers should sit at the scorer's table.
6. Anyone at the scorer's table shall remain neutral and refrain from fan or coaching behavior and act as a contest worker only.
7. If coaches have an issue with the score or clock, they should talk to the official. (not the scorekeeper or clock operator)
8. At least one registered official for basketball games. See page 4 number 9.
9. Defenses:
  - a) Full court press/half court trap is not allowed if pressing team is ahead by twenty or more points.
  - b) Pressing team must drop behind the top of the 3 point line until the ball has crossed half court.
  - c) Full court press/half court trap not allowed at C level or below.
10. WIAA and National Federation rules apply.
11. Pre-game warm-up will be 10 minutes in length for all games. Halftime will be 5 minutes.
12. 4 minute overtime with addition of 1 time-out per overtime. (By National Federation Rule Book)
13. No shot clock will be used
14. Running clock when up by 30 points in the second half.
15. When crossover games B vs C or A vs B, SOP's for lowest level shall be used.
16. A fifth (5<sup>th</sup>) quarter may be played following the regular contest. The 5<sup>th</sup> quarter is for players who were not starters and played in two (2) quarters or less in the regular contest (WIAA- 30.65.9).