

## **GIRLS AND BOYS BASKETBALL**

1. Starting time: 4:00 PM. Starting time will be 3:30 when 3 games are played at the same site. Total season includes 12 weeks. Minimum number of practice days per player is 8. Regular season game limit is 10 plus a jamboree.
2. Order of competition is C, B, A.
3. Player participation limits:
  - a) Athletes can play 40 quarters in a year with a 10 game season and 48 in a 12 game season, but no more than 5 quarters in a day.
  - b) There shall be no more than three games per week per squad.
4. All quarters for all games on a night when there are three games will be 7 minutes. When there are less than three games the quarters will be 8 minutes.
5. Anyone at the scorer's table shall remain neutral and refrain from fan or coaching behavior and act as a contest worker only.
6. At least one registered official for basketball games. See page 4 number 9.
7. Defenses:
  - a) Full court press is not allowed if pressing team is ahead by twenty or more points.
  - b) No pressing at the C level and below.
8. It is recommended adults keep the home scorebook. Scorekeepers should sit side by side.
9. WIAA and National Federation rules apply.
10. Pre-game warm-up will be 10 minutes in length. Halftime will be 5 minutes.
11. 4 minute overtime with addition of 1 time-out per overtime. (By National Federation Rule Book)
12. No shot clock will be used
13. Running clock when up by 30 in the 2nd half.
14. When crossover games B vs C or A vs B, SOP's for lowest level shall be used.